

1. **Quiet Zone:** A quiet zone is an area of the house where peace, calmness, and minimal noise are prioritized. It is typically designated for activities that require concentration, relaxation, or solitude. Some examples of quiet zones in a house include:

- a) **Bedrooms:** Bedrooms are commonly considered quiet zones as they are primarily used for sleeping and rest. They are usually designed to minimize external noise and promote a peaceful atmosphere.

- b) **Home Offices/Studies:** These areas are intended for work, studying, or other focused activities. They are often designed to reduce distractions and external noise to enhance productivity.

- c) **Reading Nooks:** A cozy corner or dedicated space for reading, often furnished with comfortable seating, good lighting, and a serene ambiance.

- d) **Meditation/Yoga Rooms:** These spaces are designed to promote relaxation, mindfulness, and inner calmness. They are typically free from distractions and have a soothing atmosphere.

2. **Noise Zone:** A noise zone is an area of the house where activities with higher noise levels are expected and accepted. These areas are designated for socializing, entertainment, or activities that naturally generate more sound. Some examples of noise zones in a house include:

- a) **Living Rooms/Family Rooms:** These areas are often the central gathering spaces for socializing, entertaining guests, and engaging in activities like watching TV, playing games, or listening to music.

- b) **Home Theaters/Game Rooms:** Spaces specifically designed for immersive entertainment experiences, where sound systems, gaming consoles, and other audio-visual equipment may produce higher noise levels.

- c) **Playrooms:** Areas dedicated to children's activities, including play, creativity, and recreation. These spaces may have toys, play equipment, and can accommodate livelier activities.

- d) **Exercise Rooms/Home Gyms:** Spaces where physical workouts or exercise equipment are located. These areas may involve activities that generate noise, such as cardio exercises or weightlifting.