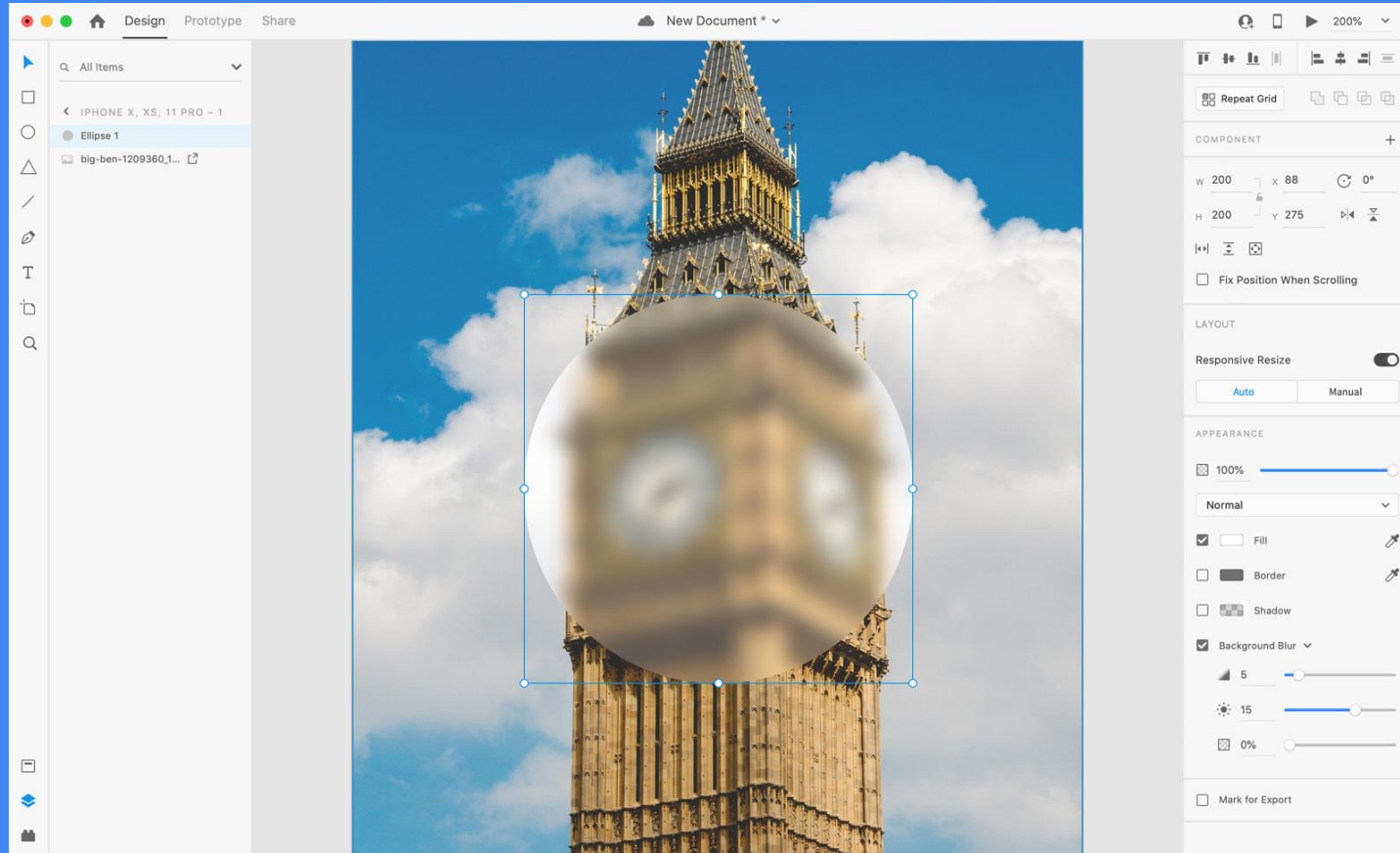# Lesson: Styling with Blurs

Background blur:

This method is suitable if you want to blur a specific portion of an image or artboard.

Object blur:

Use this method if you want to blur an entire object.